

Microneedling

Aftercare Instructions

Today you have had a micro needling appointment

Microneedling typically requires 3-6 treatments for maximum benefit. Results are not immediately visible as it takes 4-6 weeks for tissue to regenerate, and follow-up treatments over several months to produce full results.

The Healing Process

- Possible effects after your treatment include:
 - Skin redness for 1-3 days
 - Temporary inflammation, itching, burning and possible breakouts
 - Some swelling around the eye area
- These side effects may last for several hours - redness can last 2-4 days after your treatment.

For the remainder of today:

✗ Do not touch the treated area

✗ Do not wash or use any cleansers on or near the treated area for 6 hours. Wash with cool water only.

✓ 4 hours after your treatment, you may apply the soothing gel provided if the skin feels dry or tight.

For 24 Hours:

✗ Do not wear any makeup or skin care products (aside from the soothing cream)

For the next 3 days:

✗ Do not rub or massage the areas that have been treated

✗ Avoid exposure to the sun, cold weather and drying winds

✗ Avoid sweaty exercise and high temperatures (e.g. hot tub/sauna)

✗ Do not apply pressure to the treated area (e.g. massage)

✗ Do not have any facial treatments

✗ Avoid skin care products with potent ingredients (e.g. containing Vitamin c, retinol)

✓ Use the soothing cream as needed

✓ Choose mineral based makeup instead of oil based

✓ Wear a mineral based sunscreen of SPF 30 or higher

Support

For any question or concern, please call your aesthetic service provider at 431-388-8869.

In case of emergency such as severe allergic reaction, please proceed to the nearest urgent care or emergency room.