

Chemical Peel

Aftercare Instructions



Today you have had a medical grade chemical peel treatment. Depending on the type of peel you received, you should not necessarily expect to "peel" however you may experience flaking and redness following the procedure. Changes to the skin should be apparent 1-2 days after your treatment but it typically requires 2 or more treatments to fully treat the deeper layers of skin.

The Healing Process

Possible effects after your treatment include:

- Light to moderate flaking In a few localized areas for 3 to 7 days.
- Residual redness which can last up to 12 hours.

Only use the products provided to you in your post-procedure kit for 5 to 7 days post treatment.

X Do not rub, pick at or pull any flaking skin.

For the remainder of today:

- X Do not wash the treated area.
- X Do not apply heat or cold (cold pack or wet cloth or cold water).
- X Do not wear any makeup or skin care products.
- ✓ You may apply the post procedure products provided, as directed.

For the next 2 days:

- X Do not go swimming
- X Avoid sweaty exercise.
- X Avoid high temperatures (e.g. hot tub/sauna/very hot shower)

For the next 14 days:

- X Avoid exposure to the sun and tanning beds.
- X Do not use facial scrubs or mechanical forms of exfoliation.
- X Do not use retinol products (topical retinols or oral retinoids)
- X Do not have any facial treatments (e.g. laser hair treatments, other peels, micro needling, microdermabrasion)
- ✓ Choose mineral based makeup instead of oil based

Support

For any question or concern, please call your aesthetic service provider at 431-388-8869.

In case of emergency such as severe allergic reaction, please proceed to the nearest urgent care or emergency room.